



National Dance Academy September 2022-May 2023

<u>Monday Studio 1</u>	<u>Tuesday Studio 1</u>	<u>Wednesday Studio 1</u>	<u>Thursday Studio 1</u>	<u>Friday Studio 1</u>	
1M1 4:15 Hip Hop Tumble Tots 1A2 4:55 PreSchool Ballet/Tap 1N2 5:35 3-5 Grade Lyrical 1M7 6:15 3-5 Grade Hip Hop PT3 6:55 Intermediate Pointe 3K1 7:35 Advanced Teen Tap 1P1 8:15 Teen Modern 1M9 8:55 Advanced Teen Hip Hop 9:35	PB2 4:15 Premier Ballet 2 PJ2 4:55 Premier Jazz 2 PB4 5:35 Premier Ballet 4 PJ4 6:20 Premier Jazz 4 PB6 7:05 Premier Ballet 6 PB5 8:05 Premier Ballet 5 PT4 9:05 Advanced Pointe 9:45	1A3 9:00 3, 4, 5 yr old Ballet/Tap PD1 9:40 Ages 6+ Praise Dance Ballet/Tap 10:20 1A4 3:15 PreSchool Ballet/Tap 3G1 3:50 Adv. Grade School Tap JPFC/JCO 4:20 Performing Company/Jr. Company PS3 7:20 Intermediate Powerskills PS4 8:00 Advanced Powerskills PL2 8:45 Premier Senior Lyrical 9:35	1M2 9:00 3, 4, 5yr old Hip Hop/Tumble 1A5 9:40 3, 4, 5yr old Ballet/Tap PD2 10:20 Homeschool 6+ Lyrical 11:00 PFS 4:15 Performing Spark 1C1 4:45 Level 1 Ballet/Jazz 1M5 5:25 1-3 Grade Hip Hop/Lyrical PFEN 6:05 Performing Energy PB1 6:55 Premier Ballet 1 PJ1 7:30 Premier Jazz 1 1K1 8:05 Advanced Teen Ballet 2K1 8:55 Advanced Teen Jazz 9:45	1A7 4:30 Preschool Ballet/Tap 1M3 5:10 Hip Hop Tumble Tots ACRO1 5:50 Beginning Acro ACRO3 6:40 Intermediate Acro 7:40	
<u>Monday Studio 2</u>	<u>Tuesday Studio 2</u>	<u>Wednesday Studio 2</u>	<u>Thursday Studio 2</u>	<u>Friday Studio 2</u>	KEY
ACRO4 4:15 Elementary INT Acro 1B1 5:15 Kindergarten Ballet/Jazz ACRO5 5:55 Teen INT Acro ACRO2 6:55 Elementary BEG Acro 1H1 7:40 Level 5-6 Ballet 2H1 8:15 Level 5-6 Jazz 3J1 8:55 Intermediate Teen Tap 9:35	1A1 4:30 24-36 Month Pre-Ballet PT1 5:05 Beginning Pointe PB3 5:35 Premier Ballet 3 PJ3 6:20 Premier Jazz 3 PJ5 7:05 Premier Jazz 5 PJ6 8:05 Premier Jazz 6 9:05	PS1 3:15 Beginning Powerskills PFC/JCO 4:20 Performing Company/Jr. Company 7:20 PH1 8:00 Premier Teen Hip Hop PL1 8:40 Premier Teen Lyrical 9:20	1F1 4:15 Level 3-4 Ballet 2F1 4:45 Level 3-4 Jazz 1A6 5:15 PreSchool Ballet/Tap 1N3 5:55 5-8 Grade Lyrical 1M8 6:30 5-8 Grade Hip Hop 1N5 7:05 Advanced Teen Lyrical 1J1 7:50 Intermediate Teen Ballet 2J1 8:30 Intermediate Teen Jazz 9:10	1B2 4:15 Kindergarten Ballet/Tap/Jazz 1M4 5:00 Kg-2 nd Grade Hip Hop 3E1 5:30 Beginning Grade School Tap 1E1 6:00 Level 2-3 Ballet 2E1 6:30 Level 2-3 Jazz 1M6 7:00 2-4 Grade Hip Hop 1N1 7:30 2-4 Grade Lyrical 8:00	ADV=Advanced INT=Intermediate BEG=Beginning KG=Kindergarten ELEM= Elementary RED CLASSES=Must enroll via office BLUE CLASSES=Permission Only

SPECIAL REQUIREMENTS

- 1) Ballet is strongly recommended as a first class. 2) All Advanced (ADV), Premier and Pointe classes are by permission only, you will NOT be able to register for Premier classes online. Dancer will be placed in these classes by faculty recommendation. Premier classes are by invitation only; these are designed for the serious dancer. Dress code and attendance will be strictly monitored. 3) All dancers in ADV/Premier Jazz levels must also take the ADV/Premier Ballet that accompanies that class. 4) Acro Classes are level based, dancers must pass out of BEG to enroll into INT etc... Please email with level questions. 5) All Pointe students MUST be enrolled in ballet. 6) All Competition Company classes are by audition only (PFS, PFEN, PFC) 7) Power skills class is a class designed to build the strength and power in your Turns, Leaps, Jumps and Flexibility.