

National Dance Academy September 2023-May 2024

Monday Studio 1	Tuesday Studio 1	Wednesday Studio 1	Thursday Studio 1	Friday Studio 1	Saturday Studio 1
1A4 4:15 4&5Yr Old Ballet/Tap/Jazz PFS 5:00 Performing Spark 1C1 5:30 Level 1/2 Ballet/Jazz 3C1 6:15 KG-2nd Grade Hip Hop/Tap PT3 7:00 Intermediate Pointe 1P1 7:40 Teen Modern 1M9 8:25 Adv. Teen Hip Hop 1N9 9:05 Adv Teen Lyrical 9:45	PB2 4:15 Premier Ballet 2 PJ2 4:55 Premier Jazz 2 PB3 5:35 Premier Ballet 3 PJ3 6:20 Premier Jazz 3 PT4 7:05 Advanced Pointe PB5 7:45 Premier Ballet 5 PB6 8:45 Premier Ballet 6 9:45	1A3 9:15 3, 4, 5 yr old Ballet/Tap PD1 9:55 Ages 6+ Praise Dance Ballet/Tap ACRO1 10:35 Beginning Acro 11:25 PS1 2:50 Beg/Int Elem PowerSkills 3G1 3:30 Adv. Grade School Tap PH1 4:00 Premier 4-6 Hip Hop PL1 4:40 Premier 4-6 Lyrical PFC/JCO 5:20 Performing Company/Jr. Company PS4 8:20 Advanced Powerskills PL3 9:05 Premier Senior Lyrical 9:50	1M1 9:30 3, 4, 5yr old Hip Hop/ Tumble Tots 1A5 10:10 3, 4, 5yr old Ballet/Tap PD2 10:50 Homeschool 6+ Lyrical/ Hip Hop 11:30 ACRO3 4:15 INT Elem Acro ACRO3 4:15 INT Elem Acro ACRO4 6:15 INT/ADV Teen Acro POM2 7:15 Teen Poms 3K1 7:45 Advanced Teen Tap 1K1 8:25 Advanced Teen Ballet 2K1 9:05 Advanced Teen Jazz 9:45	1N4 4:30 BEG/INT Elem. Lyrical 1M4 5:00 BEG/INT Elem. Hip Hop 1D1 5:30 BEG/INT Elem. Ballet 2D1 6:00 BEG/INT Elem. Jazz/Tap 1C2 6:40 Kg-2nd Grade Ballet/Tap/ Jazz 7:30	1A7 9:30 Preschool Ballet/Tap 1M3 10:00 Hip Hop Tumble Tots 1B3 10:30 KG-2nd Grade Ballet/Jazz 1N5 11:10 KG-2nd Grade Lyrical/Hip Hop 1E1 11:50 2-4 Grade Ballet 2E1 12:20 2-4 Grade Tap/Jazz 1:00
Monday Studio 2	Tuesday Studio 2	Wednesday Studio 2	Thursday Studio 2	Friday Studio 2	KEY
1M6 4:15 3-5 Grade Hip Hop 1N6 4:45 3-5 Grade Lyrical PB1 5:15 Premier Ballet 1 PJ1 5:50 Premier Jazz 1 PFEN 6:25 Performing Energy POM1 7:15 Elementary Poms 1F1 7:45 Level 3/4 Ballet 2F1 8:15 Level 3/4 Jazz 8:45 INT Teen Tap 9:15	1A1 4:20 24-36 Month Pre-Ballet PT1 4:55 Beginning Pointe PFF 5:35 Performing Force PB4 6:25 Premier Ballet 4 PJ4 7:05 Premier Jazz 4 PJ6 7:45 Premier Jazz 6 PJ5 8:45 Premier Jazz 5 9:45	1A2 4:00 PreSchool Ballet/Tap PS2 4:40 Int. Teen Powerskills PFC/JCO 5:20 Performing Company/Jr. Company PL2 8:20 Premier Teen Lyrical PH2 8:55 Premier Teen Hip Hop 9:30	1M5 4:15 2-4 Grade Hip Hop/Lyrical 1M2 4:55 3, 4, 5yr old Hip Hop/ Tumble Tots 1A6 5:35 PreSchool Ballet/Tap 1B2 6:15 KG Ballet/Tap/Jazz 1J1 7:05 INT 5-9 Grade Ballet 2J1 7:45 INT 5-9 Grade Jazz 1M7 8:25 INT 5-9 Grade Hip Hop 1N7 8:55 5-9 Grade Lyrical 9:25		ADV=Advanced INT=Intermediate BEG=Beginning KG=Kindergarten ELEM= Elementary RED CLASSES=Must enroll via office BLUE CLASSES=Permission Only

SPECIAL REQUIREMENTS

Ballet is strongly recommended as a first class. 2) All Advanced (ADV), Premier and Pointe classes are by permission only, you will NOT be able to register for Premier classes online. Dancer will be placed in these classes by faculty recommendation. Premier classes are by invitation only; these are designed for the serious dancer. Dress code and attendance will be strictly monitored. 3) All dancers in ADV/Premier Jazz levels must also take the ADV/Premier Ballet that accompanies that class. 4) Acro Classes are level based, dancers must pass out of BEG to enroll into INT etc... Please email with level questions. 5) All Pointe students MUST be enrolled in ballet. 6) All Competition Company classes are by audition only (PFS, PFEN, PFF, JCO, PFC) 7) Power skills class is a class designed to build the strength and power in your Turns, Leaps, Jumps and Flexibility.

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